



# 2015 Capital Sprints

## Official Results

### Mens Open 1x

#### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 1a: Mens Open 1x Flight 1 @ 08:15 AM</b>								
1st	2	Baltimore A (J. Olbrys)	<b>04:14.90</b>		04:14.90			
2nd	3	Capital A (S. Neumann)	<b>04:18.80</b>	1.5%	04:18.80		00:00:03.90	
3rd	5	Hampton Roads (T. O'Loughlin)	<b>04:21.90</b>	2.7%	04:21.90		00:00:07.00	
4th	6	Capital (A. Lee)	<b>04:32.70</b>	7.0%	04:32.70		00:00:17.80	
5th	1	Capital C (F. Meyer)	<b>04:36.70</b>	8.6%	04:36.70		00:00:21.80	
	4	Potomac (E. Caudron)	<b>Scratch</b>					
<b>Race 1b: Mens Open 1x Flight 2 @ 08:23 AM</b>								
1st	2	Capital B (R. Best)	<b>04:31.20</b>		04:31.20			
2nd	3	Baltimore B (M. Tyrpak)	<b>04:35.58</b>	1.6%	04:35.58		00:00:04.38	
3rd	4	Raleigh (P. Sheppard)	<b>04:37.14</b>	2.2%	04:37.14		00:00:05.94	
4th	1	Capital D (C. Bi)	<b>05:03.74</b>	12.0%	05:03.74		00:00:32.54	
5th	5	Capital E (J. Konrad)	<b>05:04.20</b>	12.2%	05:04.20		00:00:33.00	

# Womens Open 1x

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 2a: Womens Open 1x Flight @ 10:11 AM</b>								
1st	1	Alexandria (K. Allen)	05:16.20		05:16.20			

## Womens Open Ltwt 1x

Flights								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 3a: Womens Open Ltwt 1x Flight @ 08:31 AM</b>								
1st	3	Capital A (S. Hedges)	<b>04:56.30</b>		04:56.30			
2nd	1	Capital D (R. Armstrong)	<b>05:04.50</b>	2.8%	05:04.50		00:00:08.20	
3rd	4	Rocket City (D. Winters)	<b>05:08.80</b>	4.2%	05:08.80		00:00:12.50	
4th	5	Capital C (C. Dinion)	<b>05:09.30</b>	4.4%	05:09.30		00:00:13.00	
5th	2	Baltimore (M. Gibbons)	<b>05:13.60</b>	5.8%	05:13.60		00:00:17.30	
6th	6	Capital B (M. Bureau)	<b>05:48.00</b>	17.4%	05:48.00		00:00:51.70	

# Mens/Womens Adaptive 1x A/S

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 4a: Mens/Womens Adaptive 1x A/S Flight @ 08:39 AM</b>								
1st	4	Medstar Paralympic (D. Ahr)	<b>07:49.70</b>		07:49.70			
2nd	3	Capital (S. Franks)	<b>08:15.13</b>	5.4%	08:15.13		00:00:25.43	
3rd	2	Capital (S. Korac)	<b>10:17.12</b>	31.4%	10:17.12		00:02:27.42	

## Mens/Womens Adaptive Open 2x L/T/A

Flights								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 5: Mens/Womens Adaptive Open 2x L/T/A Flight 1 @ 08:49 AM</b>								
1st	3	Medstar Paralympic A (D. Hopkins)	<b>05:46.00</b>		05:46.00			
2nd	5	Medstar Paralympic B (D. Balcom)	<b>05:56.20</b>	2.9%	05:56.20		00:00:10.20	
3rd	4	Athletes Without Limits B (J. Boatner)	<b>06:12.90</b>	7.8%	06:12.90		00:00:26.90	
4th	1	Capital Adaptive/Capital [Composite] A (I. Onafeko)	<b>06:13.20</b>	7.9%	06:13.20		00:00:27.20	
5th	2	Athletes Without Limits A (M. Worley)	<b>06:57.80</b>	20.8%	06:57.80		00:01:11.80	
	6	Capital Adaptive/Capital [Composite] B (C. Lenneman)	<b>Scratch</b>					
<b>Race 5b: Mens/Womens Adaptive Open 2x L/T/A Flight 2 @ 02:12 PM</b>								
1st	1	Capital (C. Linderman)	<b>03:06.40</b>		03:06.40			

## Mens Masters 4+

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 6a: Mens Masters 4+ Flight 1 @ 08:59 AM</b>								
1st	3	Capital A (N. Kosmynin)	<b>04:00.20</b>		04:00.20			
2nd	4	D.C. Strokes A (A. Rabus)	<b>04:00.45</b>	0.1%	04:03.95	00:03.50	00:00:03.75	
3rd	5	Capital B (D. Reinhard)	<b>04:01.34</b>	0.5%	04:01.44	00:00.10	00:00:01.24	
4th	6	D.C. Strokes C (J. Morrison)	<b>04:09.52</b>	3.9%	04:13.52	00:04.00	00:00:13.32	
5th	2	D.C. Strokes B (A. Waiters)	<b>04:10.03</b>	4.1%	04:11.23	00:01.20	00:00:11.03	
6th	1	Capital C (B. Rybicki)	<b>04:35.81</b>	14.8%	04:36.11	00:00.30	00:00:35.91	
<b>Race 6b: Mens Masters 4+ Flight 2 @ 09:07 AM</b>								
1st	4	Rock Creek A (C. Conroy)	<b>04:17.00</b>		04:23.40	00:06.40		
2nd	5	Alexandria B (S. Mulrooney)	<b>04:24.60</b>	3.0%	04:24.60		00:00:01.20	
3rd	3	Baltimore (R. Barton)	<b>04:32.90</b>	6.2%	04:35.90	00:03.00	00:00:12.50	
4th	2	Alexandria A (J. Caple)	<b>04:37.10</b>	7.8%	04:42.30	00:05.20	00:00:18.90	
5th	6	Rock Creek C (J. Mulligan)	<b>05:10.60</b>	20.9%	05:26.60	00:16.00	00:01:03.20	
	1	Rock Creek B (D. Slaughter)	<b>Scratch</b>					

## Womens Masters 8+

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 7a: Womens Masters 8+ Flight 1 @ 09:15 AM</b>								
1st	3	Capital A (A. Sweeny)	<b>03:49.10</b>		03:49.30	00:00.20		
2nd	2	Alexandria (A. Braun)	<b>03:53.50</b>	1.9%	03:55.90	00:02.40	00:00:06.60	
3rd	1	Capital C (E. Crowley)	<b>04:07.50</b>	8.0%	04:07.50		00:00:18.20	
4th	4	Capital B (G. Tran)	<b>04:21.40</b>	14.1%	04:21.40		00:00:32.10	
5th	5	D.C. Strokes (L. Winkler)	<b>04:33.40</b>	19.3%	04:34.20	00:00.80	00:00:44.90	
<b>Race 7b: Womens Masters 8+ Flight 2 @ 09:23 AM</b>								
1st	3	Baltimore (E. Turtle)	<b>04:06.30</b>		04:12.70	00:06.40		
2nd	2	Carolina Masters (E. Jenista)	<b>04:21.01</b>	6.0%	04:25.21	00:04.20	00:00:12.51	
3rd	4	Capital D (C. Toynebee)	<b>04:31.94</b>	10.4%	04:31.94		00:00:19.24	
4th	5	Capital F (S. Allen-Sierpinski)	<b>04:52.37</b>	18.7%	04:59.57	00:07.20	00:00:46.87	
5th	1	Capital E (H. Scalzott)	<b>05:02.35</b>	22.8%	05:09.55	00:07.20	00:00:56.85	
<b>Race 7c: Womens Masters 8+ Flight 3 @ 09:31 AM</b>								
1st	3	Annapolis RC (A. Iannaccone)	<b>04:16.60</b>		04:16.60			
2nd	2	Rock Creek A (S. Moazed)	<b>04:17.90</b>	0.5%	04:19.80	00:01.90	00:00:03.20	
3rd	4	Rock Creek B (J. Wolf-Rodda)	<b>04:48.90</b>	12.6%	04:55.10	00:06.20	00:00:38.50	

## Mens Masters 1x

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 8a (AA/A): Mens Masters 1x Flight 1 @ 09:39 AM</b>								
1st	3	Baltimore A (J. Hughes)	<b>04:39.70</b>		04:39.80	00:00.10		
2nd	2	Raleigh B (M. Kleimeyer)	<b>04:46.03</b>	2.3%	04:46.23	00:00.20	00:00:06.43	
3rd	4	Raleigh D (W. Bagdorf)	<b>04:49.89</b>	3.6%	04:49.89		00:00:10.09	
<b>Race 8b (B/C): Mens Masters 1x Flight 2 @ 09:47 AM</b>								
1st	3	Raleigh A (S. Stephenson)	<b>04:15.70</b>		04:20.20	00:04.50		
2nd	5	Potomac A (E. Caudron)	<b>04:16.81</b>	0.4%	04:25.31	00:08.50	00:00:05.11	
3rd	4	Capital A (S. Neumann)	<b>04:28.38</b>	5.0%	04:28.38		00:00:08.18	
4th	6	Carolina Masters (R. Kyle)	<b>04:41.10</b>	9.9%	04:49.60	00:08.50	00:00:29.40	
5th	1	Capital C (R. Best)	<b>04:43.51</b>	10.9%	04:43.51		00:00:23.31	
6th	2	Baltimore B (D. Shackelford)	<b>05:14.24</b>	22.9%	05:18.74	00:04.50	00:00:58.54	
<b>Race 8c (D/E): Mens Masters 1x Flight 3 @ 09:55 AM</b>								
1st	5	Potomac E (P. Bogden)	<b>04:22.40</b>		04:28.80	00:06.40		
2nd	2	Capital B (R. Reichart)	<b>04:31.55</b>	3.5%	04:35.25	00:03.70	00:00:06.45	
3rd	4	Unaff. (USA) (B. Rusinovic)	<b>04:46.32</b>	9.1%	04:51.32	00:05.00	00:00:22.52	
4th	1	Washington Rowing School A (c. Arnold)	<b>04:47.25</b>	9.5%	04:56.55	00:09.30	00:00:27.75	
5th	3	Raleigh C (A. Whelan)	<b>05:11.14</b>	18.6%	05:11.14		00:00:42.34	



# Mens Masters 1x

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 8d (F-I): Mens Masters 1x Flight 4 @ 10:03 AM</b>								
1st	5	Potomac C (C. Sutliff)	<b>04:45.80</b>		05:23.60	00:37.80	00:00:19.80	
2nd	4	Potomac B (N. Young)	<b>04:49.00</b>	1.1%	05:03.80	00:14.80		
3rd	3	Washington Rowing School B (D. McElrath)	<b>05:53.90</b>	23.8%	05:53.90		00:00:50.10	
	2	Potomac D (E. Ryan)	<b>Scratch</b>					

## Womens Masters 1x

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 9a: Womens Masters 1x Flight 1 @ 10:11 AM</b>								
1st	4	Alexandria (L. Criado)	<b>04:56.90</b>		04:56.90			
2nd	3	Raleigh A (A. Zimmerman)	<b>05:11.20</b>	4.8%	05:11.20		00:00:14.30	
3rd	2	Raleigh B (C. Urbanczyk)	<b>05:17.60</b>	7.0%	05:17.60		00:00:20.70	
4th	5	Capital B (M. Bureau)	<b>05:56.90</b>	20.2%	05:56.90		00:01:00.00	
<b>Race 9b: Womens Masters 1x Flight 2 @ 10:19 AM</b>								
1st	2	Capital D (R. Hollins)	<b>05:06.00</b>		05:12.00	00:06.00		
2nd	3	Rocket City (D. Winters)	<b>05:08.85</b>	0.9%	05:18.55	00:09.70	00:00:06.55	
3rd	4	Capital C (K. Werth)	<b>05:23.74</b>	5.8%	05:32.14	00:08.40	00:00:20.14	
4th	5	Washington Rowing School E (V. Lance)	<b>05:31.07</b>	8.2%	05:40.77	00:09.70	00:00:28.77	
5th	1	Washington Rowing School C (J. McEnery)	<b>05:37.96</b>	10.4%	05:37.96		00:00:25.96	
<b>Race 9c: Womens Masters 1x Flight 3 @ 10:31 AM</b>								
1st	3	Washington Rowing School A (T. Walters)	<b>05:07.00</b>		05:08.50	00:01.50		
2nd	4	Potomac (D. Perrone)	<b>05:45.52</b>	12.5%	06:06.52	00:21.00	00:00:58.02	
3rd	2	Capital E (D. Haney)	<b>05:53.28</b>	15.1%	05:56.28	00:03.00	00:00:47.78	
4th	1	Washington Rowing School F (L. Arnold)	<b>05:58.29</b>	16.7%	05:58.29		00:00:49.79	
5th	5	Capital A (A. Diggs)	<b>06:00.67</b>	17.5%	06:06.87	00:06.20	00:00:58.37	

## Mens Novice 8+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 10a: Mens Novice 8+ Flight @ 10:39 AM</b>								
1st	4	D.C. Strokes C (J. Palmieri)	<b>04:47.30</b>		04:47.30			
2nd	3	D.C. Strokes A (M. Boardman)	<b>05:01.73</b>	5.0%	05:01.73		00:00:14.43	
3rd	2	D.C. Strokes B (B. Ebenhoeh)	<b>05:12.32</b>	8.7%	05:12.32		00:00:25.02	

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## Womens Novice 4+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 11a: Womens Novice 4+ Flight @ 10:47 AM</b>								
1st	3	Capital (F. Clem)	06:04.40		06:04.40			

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# Mens Open 4x

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 12a: Mens Open 4x Flight @ 10:55 AM</b>								
1st	3	Hampton Roads (B. LeBrun)	03:57.00		03:57.00			

# Womens Open 4x

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 13a: Womens Open 4x Flight @ 10:55 AM</b>								
1st	4	Baltimore (R. Tweedell)	04:45.40		04:45.40			

Mens Masters 2-

**Flights**

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 14a: Mens Masters 2- Flight @ 03:50 PM</b>								
	4	Capital (S. Neumann)	00:00.00					

## Womens Masters 2-

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 15a: Womens Masters 2- Flight @ 11:03 AM</b>								
1st	4	Baltimore (S. Bausch)	<b>05:09.80</b>		05:09.80			
2nd	3	Capital (K. Bonner)	<b>05:14.01</b>	1.4%	05:14.01		00:00:04.21	
Exhib	2	Athletes Without Limits (J. Boatner)	<b>05:30.06</b>		05:30.06		00:00:20.26	



## Mens Open 8+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 16a: Mens Open 8+ Flight @ 11:11 AM</b>								
1st	4	Capital A (B. Luhman)	<b>03:28.50</b>		03:28.50			
2nd	3	Baltimore (J. Olbrys)	<b>03:31.45</b>	1.4%	03:31.45		00:00:02.95	
3rd	1	Capital B (A. Palmer)	<b>04:04.30</b>	17.2%	04:04.30		00:00:35.80	
4th	6	Athletes Without Limits/Medstar Paralympic [Composite] (D. Balcom)	<b>04:10.57</b>	20.2%	04:10.57		00:00:42.07	
5th	5	D.C. Strokes B (C. Perry)	<b>04:19.59</b>	24.5%	04:19.59		00:00:51.09	
6th	2	D.C. Strokes A (T. Parisi)	<b>04:37.88</b>	33.3%	04:37.88		00:01:09.38	

## Womens Open 4+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 17a: Womens Open 4+ Flight @ 11:19 AM</b>								
1st	4	Capital A (N. Iribarren)	<b>04:28.60</b>		04:28.60			
2nd	1	Capital C (A. Stimmel)	<b>04:38.20</b>	3.6%	04:38.20		00:00:09.60	
3rd	5	Annapolis RC B (S. Cook)	<b>04:43.40</b>	5.5%	04:43.40		00:00:14.80	
4th	3	Annapolis RC A (D. Yatsuk)	<b>04:44.40</b>	5.9%	04:44.40		00:00:15.80	
5th	2	Carolina Masters (E. Jenista)	<b>04:45.20</b>	6.2%	04:45.20		00:00:16.60	
6th	6	Capital B (R. Lopez)	<b>04:47.00</b>	6.9%	04:47.00		00:00:18.40	

## Mens/Womens Adaptive Open 1x L/T/A

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 18a: Mens/Womens Adaptive Open 1x L/T/A Flight @ 12:58 PM</b>								
1st	3	Athletes Without Limits (J. Boatner)	<b>05:48.10</b>		05:48.10			
2nd	5	Athletes Without Limits (B. Worley)	<b>05:58.19</b>	2.9%	05:58.19		00:00:10.09	
3rd	4	Medstar Paralympic (D. Hopkins)	<b>06:20.65</b>	9.4%	06:20.65		00:00:32.55	
4th	2	Athletes Without Limits (M. Worley)	<b>06:39.49</b>	14.8%	06:39.49		00:00:51.39	

## Womens Novice 1x

Flights								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 20a: Womens Novice 1x Flight @ 11:27 AM</b>								
1st	4	Baltimore A (R. Tweedell)	<b>04:37.90</b>		04:37.90			
2nd	3	Capital A (C. Beck)	<b>04:40.03</b>	0.8%	04:40.03		00:00:02.13	
3rd	2	Baltimore B (H. Klarner)	<b>05:10.97</b>	11.9%	05:10.97		00:00:33.07	
	1	Capital C (S. Gisler)	<b>Scratch</b>					
	5	Capital B (M. Pomroy)	<b>Scratch</b>					

## Mens Novice 1x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 21a: Mens Novice 1x Flight @ 11:35 AM</b>								
1st	4	Capital B (D. Ferguson)	<b>05:02.50</b>		05:02.50			
2nd	2	Capital A (K. Stewart)	<b>05:05.40</b>	1.0%	05:05.40		00:00:02.90	
	3	Potomac (D. Marquardt)	<b>Excluded</b>					

## Mixed 4+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 22a: Mixed 4+ Flight @ 11:43 AM</b>								
1st	3	D.C. Strokes A (B. Polakowski)	<b>04:04.50</b>		04:04.50			
2nd	2	Capital A (M. Pease)	<b>04:14.77</b>	4.2%	04:14.77		00:00:10.27	
3rd	5	D.C. Strokes B (L. Winkler)	<b>04:18.43</b>	5.7%	04:18.43		00:00:13.93	
4th	1	D.C. Strokes C (B. Hackney)	<b>04:48.49</b>	18.0%	04:48.49		00:00:43.99	
5th	4	Capital B (M. Ellsworth)	<b>05:26.98</b>	33.7%	05:26.98		00:01:22.48	

## Womens Masters 2x

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 23a (A-C): Womens Masters 2x Flight 1 @ 11:51 AM</b>								
1st	2	Alexandria (L. Criado)	<b>04:20.00</b>		04:20.00			
2nd	4	Raleigh (A. Zimmerman)	<b>04:25.69</b>	2.2%	04:25.69		00:00:05.69	
3rd	5	Carolina Masters (R. Layton)	<b>04:49.61</b>	11.4%	04:55.01	00:05.40	00:00:35.01	
4th	3	Baltimore (P. Boehmcke)	<b>04:54.06</b>	13.1%	04:54.26	00:00.20	00:00:34.26	
<b>Race 23b (D-E): Womens Masters 2x Flight 2 @ 11:59 AM</b>								
1st	3	Capital A (R. Hollins)	<b>04:31.50</b>		04:31.50			
2nd	2	Washington Rowing School C (L. Arnold)	<b>04:40.24</b>	3.2%	04:44.54	00:04.30	00:00:13.04	
3rd	5	Capital B (A. Diggs)	<b>04:50.57</b>	7.0%	05:01.27	00:10.70	00:00:29.77	
4th	4	Washington Rowing School A (J. McEnery)	<b>04:56.17</b>	9.1%	04:57.17	00:01.00	00:00:25.67	
5th	1	Rock Creek (J. Sierra)	<b>05:04.23</b>	12.1%	05:09.73	00:05.50	00:00:38.23	

## Mens Masters 2x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 24a: Mens Masters 2x Flight @ 12:07 PM</b>								
1st	2	Raleigh (S. Stephenson)	<b>03:48.80</b>		03:48.80			
2nd	4	Unaff. (USA) (G. van der Vink)	<b>04:10.17</b>	9.3%	04:25.67	00:15.50	00:00:36.87	
3rd	3	Baltimore A (M. Tyrpak)	<b>04:12.43</b>	10.3%	04:13.23	00:00.80	00:00:24.43	
4th	1	Baltimore B (D. Shackelford)	<b>04:23.22</b>	15.0%	04:23.52	00:00.30	00:00:34.72	
5th	5	Rock Creek (H. Baker)	<b>04:32.72</b>	19.2%	05:02.52	00:29.80	00:01:13.72	



# Mens Open 2x

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 25a: Mens Open 2x Flight @ 01:16 PM</b>								
1st	3	Capital A (S. Neumann)	<b>03:50.40</b>		03:50.40			
2nd	4	Capital B (J. Konrad)	<b>04:11.44</b>	9.1%	04:11.44		00:00:21.04	

Womens Open Ltwt 2x

**Flights**

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 27a: Womens Open Ltwt 2x Flight @ 01:08 PM</b>								
1st	3	Capital (C. Beck)	04:45.00		04:45.00			

## Womens Masters 4+

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 28a+ (AA/A/B): Womens Masters 4+ Flight 1 @ 01:24 PM</b>								
1st	3	Capital A (K. Spittel)	<b>03:56.40</b>		03:57.20	00:00.80		
2nd	4	Alexandria A (G. Barbara)	<b>04:00.63</b>	1.8%	04:03.73	00:03.10	00:00:06.53	
3rd	5	Capital C (T. Kerns)	<b>04:16.97</b>	8.7%	04:17.77	00:00.80	00:00:20.57	
4th	2	Capital D (J. Ross)	<b>04:26.60</b>	12.8%	04:27.10	00:00.50	00:00:29.90	
5th	1	Hampton Roads (A. Wroblewski)	<b>04:29.75</b>	14.1%	04:29.75		00:00:32.55	
<b>Race 28c (C): Womens Masters 4+ Flight 3 @ 01:32 PM</b>								
1st	3	Annapolis RC A (K. Hepting)	<b>00:00.01</b>		00:00.01			
2nd	4	Annapolis RC B (C. Ryan)	<b>00:11.21</b>	112000 .0%	00:11.21		00:00:11.20	
3rd	2	Alexandria C (B. Simonen)	<b>00:11.96</b>	119500 .0%	00:11.96		00:00:11.95	
<b>Race 28b (B): Womens Masters 4+ Flight 2 @ 01:40 PM</b>								
1st	5	Capital B (M. Nielsen)	<b>03:47.50</b>		03:47.50			
2nd	4	Baltimore B (E. Turtle)	<b>04:07.52</b>	8.8%	04:07.52		00:00:20.02	
3rd	1	D.C. Strokes (S. O'Sullivan)	<b>04:08.00</b>	9.0%	04:08.00		00:00:20.50	
4th	3	Alexandria B (J. Bright)	<b>04:10.65</b>	10.2%	04:10.65		00:00:23.15	
5th	6	Annapolis RC C (S. Cook)	<b>04:30.60</b>	18.9%	04:30.60		00:00:43.10	
6th	2	Baltimore C (A. Brown)	<b>04:46.50</b>	25.9%	04:46.50		00:00:59.00	

## Womens Masters 4+

Flights								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 28d (D/E): Womens Masters 4+ Flight 4 @ 01:48 PM</b>								
1st	2	Baltimore A (E. Lawrence)	<b>04:11.80</b>		04:12.90	00:01.10		
2nd	4	Rock Creek A (S. Moazed)	<b>04:16.74</b>	2.0%	04:16.74		00:00:03.84	
3rd	1	Rock Creek B (L. Porter)	<b>04:25.76</b>	5.5%	04:26.86	00:01.10	00:00:13.96	
4th	5	Carolina Masters (J. Caye)	<b>04:38.70</b>	10.7%	04:44.60	00:05.90	00:00:31.70	
5th	3	Virginia (K. Nelson)	<b>04:42.82</b>	12.3%	04:42.82		00:00:29.92	

## Mens Masters 8+

<b>Flights</b>								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 29a: Mens Masters 8+ Flight 1 @ 01:56 PM</b>								
1st	3	D.C. Strokes A (A. Rabus)	<b>03:11.70</b>		03:13.40	00:01.70		
2nd	2	Capital C (D. Reinhard)	<b>03:16.85</b>	2.7%	03:16.85		00:00:03.45	
3rd	4	Northern Virginia (M. Fabling)	<b>03:36.97</b>	13.2%	03:43.17	00:06.20	00:00:29.77	
4th	5	D.C. Strokes B (T. Parisi)	<b>04:03.17</b>	26.8%	04:07.97	00:04.80	00:00:54.57	
<b>Race 29b: Mens Masters 8+ Flight 2 @ 02:04 PM</b>								
1st	2	Capital A (B. Rini)	<b>03:06.20</b>		03:09.40	00:03.20		
2nd	4	Rock Creek A (C. Conroy)	<b>03:15.60</b>	5.0%	03:28.30	00:12.70	00:00:18.90	
3rd	3	Alexandria (J. Caple)	<b>03:23.66</b>	9.4%	03:28.66	00:05.00	00:00:19.26	
4th	5	Capital B (J. Aust)	<b>03:38.20</b>	17.2%	03:38.20		00:00:28.80	
	1	Rock Creek B (J. Mulligan)	<b>Scratch</b>					

## Mens/Womens Adaptive Recreational 2x (500m)

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 30a: Mens/Womens Adaptive Recreational 2x (500m) Flight @ 02:12 PM</b>								
1st	3	Athletes Without Limits C (J. Danaher)	<b>02:28.20</b>		02:28.20			
2nd	4	Athletes Without Limits B (B. McGann)	<b>02:50.78</b>	15.2%	02:50.78		00:00:22.58	
3rd	2	Athletes Without Limits A (J. Garcia)	<b>02:59.96</b>	21.4%	02:59.96		00:00:31.76	
4th	6	Capital Adaptive/Capital [Composite] (S. Franks)	<b>03:20.20</b>	35.1%	03:20.20		00:00:52.00	
5th	5	Medstar Paralympic (A. Meuser)	<b>03:35.34</b>	45.3%	03:35.34		00:01:07.14	

## Mens Masters 4x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 33a: Mens Masters 4x Flight @ 02:22 PM</b>								
1st	4	Raleigh (P. Sheppard)	<b>03:18.50</b>		03:18.50			
2nd	3	Baltimore (J. Olbrys)	<b>03:22.65</b>	2.1%	03:22.65		00:00:04.15	

## Womens Masters 4x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 34a: Womens Masters 4x Flight @ 02:30 PM</b>								
1st	4	Unaff. (USA)/Washington Rowing School [Composite] (T. Walters)	<b>03:36.10</b>		03:49.60	00:13.50		
2nd	3	Capital (C. Dinion)	<b>03:42.10</b>	2.8%	03:54.60	00:12.50	00:00:05.00	
3rd	2	Baltimore (R. Tweedell)	<b>04:14.20</b>	17.6%	04:14.20		00:00:24.60	



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## Womens Novice 8+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 36a: Womens Novice 8+ Flight @ 10:47 AM</b>								
1st	4	D.C. Strokes (B. bertoia)	<b>05:36.60</b>		05:36.60			

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# Mens Open 4+

## Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 37a: Mens Open 4+ Flight @ 02:38 PM</b>								
1st	4	Capital (A. Sohn)	<b>03:43.00</b>		03:43.00			
2nd	3	Capital A (N. Nguyen)	<b>03:49.00</b>	2.7%	03:49.00		00:00:06.00	

## Womens Open 8+

Flights								
Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 38a: Womens Open 8+ Flight 1 @ 02:46 PM</b>								
1st	4	Capital A (M. Nielsen)	03:17.50		03:17.50			
2nd	3	Annapolis RC (C. Ryan)	03:31.92	7.3%	03:31.92		00:00:14.42	
3rd	2	Virginia (M. Townes)	03:45.28	14.1%	03:45.28		00:00:27.78	
4th	1	Capital C (C. Toyndbee)	03:51.85	17.4%	03:51.85		00:00:34.35	
<b>Race 38b: Womens Open 8+ Flight 2 @ 02:54 PM</b>								
1st	4	Capital B (A. Stimmel)	03:32.80		03:32.80			
2nd	3	Baltimore (A. Brown)	03:55.50	10.7%	03:55.50		00:00:22.70	
3rd	2	Capital D (H. Scalzott)	04:15.30	20.0%	04:15.30		00:00:42.50	

## Mixed 2x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 39a: Mixed 2x Flight @ 03:02 PM</b>								
1st	4	Alexandria (K. Allen)	<b>03:37.30</b>		03:37.30			
2nd	5	Capital B (r. humphreys)	<b>03:45.48</b>	3.8%	03:45.48		00:00:08.18	
3rd	3	Capital A (S. Neumann)	<b>03:49.13</b>	5.4%	03:49.13		00:00:11.83	
4th	2	Carolina Masters (R. Kyle)	<b>03:52.38</b>	6.9%	03:52.38		00:00:15.08	
5th	1	Capital C (A. Diggs)	<b>04:00.09</b>	10.5%	04:00.09		00:00:22.79	

## Mixed 8+

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 40a: Mixed 8+ Flight 1 @ 03:26 PM</b>								
1st	2	Capital C (D. Reinhard)	<b>03:31.00</b>		03:31.00			
2nd	3	D.C. Strokes C (K. Giuliano)	<b>03:46.66</b>	7.4%	03:46.66		00:00:15.66	
3rd	4	Capital D (A. Palmer)	<b>03:46.70</b>	7.4%	03:46.70		00:00:15.70	
<b>Race 40b: Mixed 8+ Flight 2 @ 03:34 PM</b>								
1st	5	D.C. Strokes B (J. Morrison)	<b>03:31.90</b>		03:31.90			
2nd	2	D.C. Strokes A (A. Waiters)	<b>03:34.57</b>	1.3%	03:34.57		00:00:02.67	
3rd	3	Baltimore (E. Lawrence)	<b>03:36.64</b>	2.2%	03:36.64		00:00:04.74	
4th	1	Capital B (G. Dean)	<b>03:39.64</b>	3.7%	03:39.64		00:00:07.74	
5th	4	Capital A (G. Tran)	<b>03:56.88</b>	11.8%	03:56.88		00:00:24.98	

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## Mens Jr 2x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 41a: Mens Jr 2x Flight @ 01:08 PM</b>								
1st	4	Capital (D. Ferguson)	04:21.70		04:21.70			

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## Womens Jr 2x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 42a: Womens Jr 2x Flight @ 01:08 PM</b>								
1st	2	Capital (R. Armstrong)	04:33.30		04:33.30			

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## Mens Open 2-

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 45a: Mens Open 2- Flight @ 03:50 PM</b>								
	3	Baltimore (J. Hughes)	00:00.00					

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## Mens Jr 1x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 49a: Mens Jr 1x Flight @ 03:10 PM</b>								
1st	4	Capital B (J. Konrad)	<b>04:10.50</b>		04:10.50			
2nd	3	Capital A (C. Bi)	<b>04:11.30</b>	0.3%	04:11.30		00:00:00.80	
3rd	2	Capital C (D. Ferguson)	<b>04:11.99</b>	0.6%	04:11.99		00:00:01.49	
	5	Capital D (K. Stewart)	<b>Scratch</b>					

## Womens Jr 1x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 50a: Womens Jr 1x Flight @ 03:18 PM</b>								
1st	4	Capital A (R. Armstrong)	<b>04:37.20</b>		04:37.20			
2nd	3	Capital C (S. MacKenzie)	<b>04:48.42</b>	4.0%	04:48.42		00:00:11.22	
	2	Capital B (M. Pomroy)	<b>Scratch</b>					

## Mixed 4x

### Flights

Place	Lane	Organization	Net Time	%	Raw	Handicap	Split	Pts
<b>Race 53a: Mixed 4x Flight @ 03:42 PM</b>								
1st	3	Baltimore (E. Turtle)	<b>03:38.00</b>		03:38.00			
2nd	2	Capital (K. Bonner)	<b>03:46.43</b>	3.9%	03:46.43		00:00:08.43	
3rd	4	Washington Rowing School (c. Arnold)	<b>04:02.70</b>	11.3%	04:02.70		00:00:24.70	