



2017 Capital Sprints

Official Results

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 1a: Mens Open 1x Flight @ 08:00 AM										
1st	2	Raleigh (S. Stephenson)	03:49.60			03:49.60			00:03:49.60	
2nd	4	Capital (R. Best)	03:56.94	3.2%	00:07.34	03:56.94			00:03:49.60	00:00:07.34
3rd	5	Hampton Roads (T. O'Loughlin)	03:59.34	4.2%	00:02.40	03:59.34			00:03:49.60	00:00:09.74
4th	6	Potomac (E. Caudron)	04:01.62	5.2%	00:02.28	04:01.62			00:03:49.60	00:00:12.02
5th	3	Swan Creek RC (S. Price)	04:16.66	11.8%	00:15.04	04:16.66			00:03:49.60	00:00:27.06
6th	1	Baltimore (C. OKeefe)	04:24.84	15.3%	00:08.18	04:24.84			00:03:49.60	00:00:35.24
Race 7a: Mens/Womens Adaptive Open 1x L/T/A Flight 1 @ 08:07 AM										
1st	4	Athletes Without Limits (J. Boatner)	04:44.21			04:44.21			00:04:44.21	
2nd	3	Capital (D. Longo)	04:59.43	5.4%	00:15.22	04:59.43			00:04:44.21	00:00:15.22
3rd	1	Athletes Without Limits (B. Worley)	06:03.57	27.9%	01:04.14	06:03.57			00:04:44.21	00:01:19.36
4th	5	Athletes Without Limits (M. Worley)	06:15.63	32.2%	00:12.06	06:15.63			00:04:44.21	00:01:31.42
5th	2	Athletes Without Limits (J. Garcia)	06:18.33	33.1%	00:02.70	06:18.33			00:04:44.21	00:01:34.12
Race 2a: Mens Jr 1x Flight @ 08:14 AM										
1st	1	Capital (A. Mahr)	04:14.08			04:14.08			00:04:13.30	00:00:00.78
2nd	2	Washington Rowing School (M. Proestel)	04:28.42	5.6%	00:14.34	04:28.42			00:04:13.30	00:00:15.12
Race 3a: Mens Novice 1x Flight @ 08:14 AM										
1st	4	Baltimore A (J. Franek)	04:13.30			04:13.30			00:04:13.30	
2nd	3	Raleigh (J. Davis)	04:29.08	6.2%	00:15.78	04:29.08			00:04:13.30	00:00:15.78
3rd	6	Capital (J. Hickman)	05:03.84	20.0%	00:34.76	05:03.84			00:04:13.30	00:00:50.54
4th	5	Baltimore B (T. Jones)	05:48.00	37.4%	00:44.16	05:48.00			00:04:13.30	00:01:34.70

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap Penalty	Winning	Split
Race 4a: Womens Open 1x Flight @ 08:21 AM									
1st	6	Potomac A (O. Huxley)	04:15.90			04:15.90		00:04:15.90	
2nd	2	Alexandria B (J. Rubini)	04:19.28	1.3%	00:03.38	04:19.28		00:04:15.90	00:00:03.38
3rd	4	Alexandria A (A. Clark)	04:21.85	2.3%	00:02.57	04:21.85		00:04:15.90	00:00:05.95
4th	5	Capital A (R. Hollins)	04:35.49	7.7%	00:13.64	04:35.49		00:04:15.90	00:00:19.59
5th	1	Potomac B (C. Dinion)	04:39.77	9.3%	00:04.28	04:39.77		00:04:15.90	00:00:23.87
6th	3	Rock Creek (R. Hassani)	05:21.11	25.5%	00:41.34	05:21.11		00:04:15.90	00:01:05.21
Race 5a: Womens Jr 1x Flight @ 08:28 AM									
1st	2	Old Dominion A (G. Vannatta)	04:35.65			04:35.65		00:04:35.65	
2nd	6	Capital (R. Hovanex)	04:37.61	0.7%	00:01.96	04:37.61		00:04:35.65	00:00:01.96
3rd	4	Old Dominion A (B. Markel)	04:41.33	2.1%	00:03.72	04:41.33		00:04:35.65	00:00:05.68
4th	1	Capital (E. Wolfe)	04:47.21	4.2%	00:05.88	04:47.21		00:04:35.65	00:00:11.56
5th	3	Resilient RC B (L. Nicolai)	04:55.29	7.1%	00:08.08	04:55.29		00:04:35.65	00:00:19.64
6th	5	Resilient RC A (A. Veizi)	05:10.30	12.6%	00:15.01	05:10.30		00:04:35.65	00:00:34.65
Race 6a: Womens Novice 1x Flight @ 08:35 AM									
1st	3	Baltimore A (M. Wilson)	04:59.00			04:59.00		00:04:59.00	
2nd	2	Baltimore B (L. Rand)	05:00.63	0.5%	00:01.63	05:00.63		00:04:59.00	00:00:01.63
3rd	6	Capital (A. Gorlick)	05:20.07	7.0%	00:19.44	05:20.07		00:04:59.00	00:00:21.07
4th	5	Raleigh (D. Babineau)	05:25.36	8.8%	00:05.29	05:25.36		00:04:59.00	00:00:26.36
5th	4	Resilient RC (V. Lanning)	06:31.79	31.0%	01:06.43	06:31.79		00:04:59.00	00:01:32.79
6th	1	Capital Y (S. Das)	06:40.00	33.8%	00:08.21	06:40.00		00:04:59.00	00:01:41.00
Race 7b: Mens/Womens Adaptive Open 1x L/T/A Flight 2 @ 08:42 AM									
1st	4	Athletes Without Limits (K. Crean)	07:16.72			07:16.72		00:07:16.72	
2nd	5	Capital (S. Davies)	07:50.60	7.8%	00:33.88	07:50.60		00:07:16.72	00:00:33.88
Race 8a: Mens/Womens Adaptive 1x A/S Flight 1 @ 08:49 AM									
1st	2	RCR (V. Bugger)	06:44.05			06:44.05		00:06:22.80	00:00:21.25
2nd	3	Capital (S. Franks)	06:51.26	1.8%	00:07.21	06:51.26		00:06:22.80	00:00:28.46
3rd	4	RCR (H. Humphreys)	08:15.58	22.7%	01:24.32	08:15.58		00:06:22.80	00:01:52.78
4th	1	Capital (J. Tezak)	08:47.45	30.5%	00:31.87	08:47.45		00:06:22.80	00:02:24.65

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 8b: Mens/Womens Adaptive 1x A/S Flight 2 @ 08:49 AM										
1st	6	Medstar Paralympic (H. Smith)	06:22.80			06:22.80			00:06:22.80	
	5	RCR (T. Roberts)	Scratch							
Race 9a: Mens Masters 4+ Flight 1 @ 08:56 AM										
*NO TOTAL TIME COLLECTED BY REFS										
1st	3	Western Reserve A (S. Simpson)	00:59.20			* 01:00.00 *	00:00.80		00:01:00.00	
2nd	1	Capital D (M. Pease)	01:06.90	13.0%	00:07.70	01:07.70	00:00.80		00:01:00.00	00:00:07.70
3rd	2	D.C. Strokes B (A. Blakeslee)	01:12.60	22.6%	00:05.70	01:13.40	00:00.80		00:01:00.00	00:00:13.40
4th	5	Baltimore (A. Zook)	01:14.32	25.5%	00:01.72	01:14.32			00:01:00.00	00:00:14.32
5th	4	Alexandria A (A. Moburg-Jones)	01:17.04	30.1%	00:02.72	01:18.14	00:01.10		00:01:00.00	00:00:18.14
6th	6	D.C. Strokes A (K. Kriese)	01:22.38	39.2%	00:05.34	01:26.08	00:03.70		00:01:00.00	00:00:26.08
Race 9c: Mens Masters 4+ Flight 2 @ 09:03 AM										
1st	2	Western Reserve B (W. Rickman)	03:49.60			03:53.70	00:04.10		00:03:53.70	
2nd	5	Capital B (J. Abrams)	03:57.47	3.4%	00:07.87	03:58.67	00:01.20		00:03:53.70	00:00:04.97
3rd	1	D.C. Strokes C (B. Fisher)	04:03.96	6.3%	00:06.49	04:05.16	00:01.20		00:03:53.70	00:00:11.46
4th	3	Capital C (A. Swab)	04:05.60	7.0%	00:01.64	04:07.40	00:01.80		00:03:53.70	00:00:13.70
5th	6	Virginia (M. Scott)	04:12.93	10.2%	00:07.33	04:12.93			00:03:53.70	00:00:19.23
6th	4	D.C. Strokes D (P. Heaton)	04:26.57	16.1%	00:13.64	04:29.87	00:03.30		00:03:53.70	00:00:36.17
Race 9d: Mens Masters 4+ Flight 3 @ 09:10 AM										
1st	6	Swan Creek RC (A. Albanir)	03:45.97			03:45.97			00:03:45.97	
2nd	1	Capital A (R. Stedman)	03:50.62	2.1%	00:04.65	03:57.42	00:06.80		00:03:45.97	00:00:11.45
3rd	5	Alexandria C (T. Fannon)	04:07.29	9.4%	00:16.67	04:15.29	00:08.00		00:03:45.97	00:00:29.32
4th	4	Rock Creek A (R. McClennan)	04:13.40	12.1%	00:06.11	04:20.20	00:06.80		00:03:45.97	00:00:34.23
5th	2	Rock Creek A (P. Thomas)	04:22.35	16.1%	00:08.95	04:33.05	00:10.70		00:03:45.97	00:00:47.08
6th	3	Oakton Masters Rowing Club (S. DeTeresa)	04:25.25	17.4%	00:02.90	04:35.95	00:10.70		00:03:45.97	00:00:49.98
Race 9e: Mens Masters 4+ Flight 4 @ 09:17 AM										
1st	3	Alexandria B (M. Walsh)	04:28.70			04:33.60	00:04.90		00:04:33.60	
2nd	4	Rock Creek A (H. Baker)	04:36.40	2.9%	00:07.70	04:36.40			00:04:33.60	00:00:02.80
3rd	2	Western Reserve C (R. Emmet)	04:38.52	3.7%	00:02.12	04:38.52			00:04:33.60	00:00:04.92

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 10b: Womens Masters 8+ Flight 1 @ 09:24 AM										
1st	4	Capital A (C. Elias)	03:48.40			03:50.00	00:01.60		00:03:50.00	
2nd	5	Western Reserve (L. VanLear)	03:51.86	1.5%	00:03.46	03:52.96	00:01.10		00:03:50.00	00:00:02.96
3rd	6	Capital D (M. McMenemy)	04:01.32	5.7%	00:09.46	04:01.32			00:03:50.00	00:00:11.32
4th	3	Alexandria B (C. Urbanczyk)	04:03.86	6.8%	00:02.54	04:04.56	00:00.70		00:03:50.00	00:00:14.56
5th	1	Prince William (K. Changes)	04:08.08	8.6%	00:04.22	04:09.18	00:01.10		00:03:50.00	00:00:19.18
6th	2	Capital B (A. Buck)	04:11.83	10.3%	00:03.75	04:12.13	00:00.30		00:03:50.00	00:00:22.13
Race 10c: Womens Masters 8+ Flight 2 @ 09:31 AM										
1st	5	Alexandria A (J. Bright)	03:50.80			03:53.40	00:02.60		00:03:53.40	
2nd	2	Carolina Masters (E. Jenista)	04:00.30	4.1%	00:09.50	04:06.10	00:05.80		00:03:53.40	00:00:12.70
3rd	1	Virginia (E. Simon)	04:01.13	4.5%	00:00.83	04:01.13			00:03:53.40	00:00:07.73
4th	3	Capital C (B. Neumann)	04:06.62	6.9%	00:05.49	04:07.82	00:01.20		00:03:53.40	00:00:14.42
5th	6	Annapolis RC B (H. Thomas)	04:11.47	9.0%	00:04.85	04:11.47			00:03:53.40	00:00:18.07
6th	4	Washington Rowing School (A. Waguespack)	04:28.91	16.5%	00:17.44	04:33.01	00:04.10		00:03:53.40	00:00:39.61
Race 10d: Womens Masters 8+ Flight 3 @ 09:38 AM										
1st	3	Rock Creek A (B. Miller)	04:15.30			04:16.30	00:01.00		00:04:16.30	
2nd	2	Annapolis RC A (A. Iannaccone)	04:18.62	1.3%	00:03.32	04:18.62			00:04:16.30	00:00:02.32
3rd	5	Rock Creek B (E. DiCarlo)	04:29.24	5.5%	00:10.62	04:37.24	00:08.00		00:04:16.30	00:00:20.94
4th	1	Alexandria A (P. Goodwin)	04:40.24	9.8%	00:11.00	04:46.94	00:06.70		00:04:16.30	00:00:30.64
5th	4	Capital E (H. Scalzott)	05:08.05	20.7%	00:27.81	05:10.15	00:02.10		00:04:16.30	00:00:53.85
Race 13a: Mens Adaptive 2x LTA: Flight 1 Flight @ 09:45 AM										
1st	3	Athletes Without Limits A (L. Arnold)	05:15.38			05:15.38			00:05:15.38	
2nd	2	Athletes Without Limits C (V. DSouza)	05:26.40	3.5%	00:11.02	05:26.40			00:05:15.38	00:00:11.02
3rd	5	Athletes Without Limits B (B. McGann)	06:06.39	16.2%	00:39.99	06:06.39			00:05:15.38	00:00:51.01
4th	4	Capital A (C. Lenneman)	06:09.17	17.1%	00:02.78	06:09.17			00:05:15.38	00:00:53.79
5th	6	Athletes Without Limits D (D. Guly)	06:39.18	26.6%	00:30.01	06:39.18			00:05:15.38	00:01:23.80
6th	1	Capital A (C. LINDERMAN)	07:16.04	38.3%	00:36.86	07:16.04			00:05:15.38	00:02:00.66

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 11a: Mens Masters 1x Flight 1 @ 09:52 AM										
1st	3	Capital A (R. Best)	04:26.47			04:26.47			00:04:26.47	
2nd	2	Baltimore B (M. Shields)	04:33.97	2.8%	00:07.50	04:33.97			00:04:26.47	00:00:07.50
3rd	4	Hampton Roads B (B. Krasney)	04:44.88	6.9%	00:10.91	04:44.88			00:04:26.47	00:00:18.41
Race 11b: Mens Masters 1x Flight 2 @ 09:59 AM										
1st	3	Raleigh (S. Stephenson)	04:17.50			04:17.50			00:04:17.50	
2nd	2	Potomac D (E. Caudron)	04:34.06	6.4%	00:16.56	04:38.46	00:04.40		00:04:17.50	00:00:20.96
3rd	5	Carolina Masters B (R. Kyle)	04:42.39	9.7%	00:08.33	04:46.79	00:04.40		00:04:17.50	00:00:29.29
4th	4	Capital B (F. slakey)	04:43.50	10.1%	00:01.11	04:51.70	00:08.20		00:04:17.50	00:00:34.20
Race 11c: Mens Masters 1x Flight 3 @ 10:06 AM										
1st	1	Capital C (R. Reichart)	04:22.10			04:22.10			00:04:22.10	
2nd	2	Unaff. (USA) (B. Rusinovic)	04:39.26	6.5%	00:17.16	04:39.26			00:04:22.10	00:00:17.16
3rd	4	Washington Rowing School C (C. Arnold)	04:42.81	7.9%	00:03.55	04:42.81			00:04:22.10	00:00:20.71
4th	3	Washington Rowing School D (S. Plog)	04:56.07	13.0%	00:13.26	04:56.07			00:04:22.10	00:00:33.97
5th	5	Carolina Masters A (D. Margolis)	05:13.93	19.8%	00:17.86	05:13.93			00:04:22.10	00:00:51.83
Race 11d: Mens Masters 1x Flight 4 @ 10:13 AM										
						*NO TOTAL TIME COLLECTED BY REFS				
1st	2	Passaic River (J. Levinson)	01:00.00			* 01:00.00 *			00:01:00.00	
2nd	1	Baltimore C (M. Daemen)	01:15.17	25.3%	00:15.17	01:15.17			00:01:00.00	00:00:15.17
3rd	5	Potomac B (W. Kostoff)	01:20.58	34.3%	00:05.41	01:20.58			00:01:00.00	00:00:20.58
4th	4	Hampton Roads A (N. Conner)	01:36.76	61.3%	00:16.18	01:36.76			00:01:00.00	00:00:36.76
5th	3	Washington Rowing School B (D. McElrath)	01:49.23	82.0%	00:12.47	01:49.23			00:01:00.00	00:00:49.23
Race 11e: Mens Masters 1x Flight 5 @ 10:20 AM										
1st	2	Potomac A (C. Sutliff)	04:59.09			05:31.29	00:32.20		00:05:09.60	00:00:21.69
2nd	5	Potomac C (N. Young)	05:01.40	0.8%	00:02.31	05:09.60	00:08.20		00:05:09.60	
3rd	4	Rock Creek (J. Bracewell)	05:07.61	2.8%	00:06.21	05:15.81	00:08.20		00:05:09.60	00:00:06.21
4th	1	Baltimore A (C. Wehmueller)	05:49.87	17.0%	00:42.26	05:49.87			00:05:09.60	00:00:40.27
5th	3	Washington Rowing School A (d. parsons)	06:20.14	27.1%	00:30.27	06:32.74	00:12.60		00:05:09.60	00:01:23.14

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 12a: Womens Masters 1x Flight 1 @ 10:27 AM										
1st	3	Potomac (C. Dinion)	04:56.73			05:06.43	00:09.70		00:04:57.10	00:00:09.33
2nd	1	Capital B (S. Acerra)	04:57.10	0.1%	00:00.37	04:57.10			00:04:57.10	
3rd	2	Baltimore (L. Gamble)	05:07.76	3.7%	00:10.66	05:18.76	00:11.00		00:04:57.10	00:00:21.66
4th	5	Washington Rowing School B (L. Arnold)	05:13.88	5.8%	00:06.12	05:30.68	00:16.80		00:04:57.10	00:00:33.58
5th	4	Washington Rowing School B (V. Lance)	05:16.67	6.7%	00:02.79	05:29.07	00:12.40		00:04:57.10	00:00:31.97
Race 12c: Womens Masters 1x Flight 2 @ 10:34 AM										
1st	3	Washington Rowing School A (C. Cole)	05:20.14			05:20.14			00:05:20.14	
2nd	4	Washington Rowing School B (P. Jackman)	05:54.25	10.7%	00:34.11	05:54.25			00:05:20.14	00:00:34.11
3rd	1	Rock Creek B (R. Hassani)	06:02.19	13.1%	00:07.94	06:02.19			00:05:20.14	00:00:42.05
4th	5	Capital A (A. Diggs)	06:10.97	15.9%	00:08.78	06:10.97			00:05:20.14	00:00:50.83
	2	Rock Creek A (L. Porter)	Scratch							
Race 14a: Mens Adaptive 2x LTA: Flight 2 Flight @ 10:41 AM										
1st	1	Athletes Without Limits A (J. Boatner)	04:40.69			04:40.69			00:04:40.69	
2nd	2	Capital A (I. Onafeko)	04:43.56	1.0%	00:02.87	04:43.56			00:04:40.69	00:00:02.87
3rd	4	Athletes Without Limits B (J. Garcia)	05:17.10	13.0%	00:33.54	05:17.10			00:04:40.69	00:00:36.41
4th	6	Athletes Without Limits D (B. Worley)	05:38.29	20.5%	00:21.19	05:38.29			00:04:40.69	00:00:57.60
5th	5	Athletes Without Limits C (M. Worley)	05:48.88	24.3%	00:10.59	05:48.88			00:04:40.69	00:01:08.19
6th	3	Capital A (H. Quayle)	05:58.39	27.7%	00:09.51	05:58.39			00:04:40.69	00:01:17.70
Race 15a: Womens Masters 2- Flight @ 10:48 AM										
1st	3	Alexandria (P. Jones)	05:01.90			05:01.90			00:05:01.90	
2nd	4	Annapolis RC B (D. Yatsuk)	05:05.32	1.1%	00:03.42	05:20.92	00:15.60		00:05:01.90	00:00:19.02
3rd	2	Annapolis RC A (W. Smith)	05:23.25	7.1%	00:17.93	05:31.45	00:08.20		00:05:01.90	00:00:29.55
Race 16a: Mens Masters 2- Flight @ 10:55 AM										
1st	3	Swan Creek RC A (A. Albanir)	04:16.06			04:16.06			00:04:16.06	
2nd	2	Washington Rowing School (S. Plog)	04:19.61	1.4%	00:03.55	04:30.41	00:10.80		00:04:16.06	00:00:14.35
3rd	5	Swan Creek RC B (J. Rahtz)	04:21.78	2.2%	00:02.17	04:21.78			00:04:16.06	00:00:05.72
4th	4	Virginia (O. Barth)	04:24.34	3.2%	00:02.56	04:29.34	00:05.00		00:04:16.06	00:00:13.28

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap Penalty	Winning	Split
Race 17a: Mens Open 4x Flight @ 11:02 AM									
1st	1	Raleigh (C. Jarmul)	03:50.20			03:50.20		00:03:50.20	
Race 18a: Mens Jr 4x Flight @ 11:02 AM									
1st	5	Resilient RC (D. Yutin)	04:07.89			04:07.89		00:03:50.20	00:00:17.69
2nd	4	Swan Creek RC (H. Baker)	04:32.67	10.0%	00:24.78	04:32.67		00:03:50.20	00:00:42.47
Race 20a: Womens Jr 4x Flight @ 11:09 AM									
1st	2	Resilient RC B (L. Rothaermel)	04:25.19			04:25.19		00:04:25.19	
2nd	3	Resilient RC A (L. Nicolai)	04:47.09	8.3%	00:21.90	04:47.09		00:04:25.19	00:00:21.90
3rd	4	Swan Creek RC (J. LeChien)	04:50.05	9.4%	00:02.96	04:50.05		00:04:25.19	00:00:24.86
Race 21a: Mens Open 8+ Flight @ 11:16 AM									
1st	2	Capital (M. Pease)	03:31.70			03:31.70		00:03:31.70	
2nd	3	RCR (T. Rodgers)	03:37.93	2.9%	00:06.23	03:37.93		00:03:31.70	00:00:06.23
3rd	4	D.C. Strokes (K. Kriese)	03:50.01	8.6%	00:12.08	03:50.01		00:03:31.70	00:00:18.31
Race 22a: Mens Jr 8+ Flight @ 11:16 AM									
1st	5	Swan Creek RC (B. COOPER)	04:15.53			04:15.53		00:03:31.70	00:00:43.83
Race 24a: Womens Open 4+ Flight @ 11:23 AM									
1st	3	Baltimore (L. Rand)	04:30.10			04:30.10		00:04:30.10	
2nd	5	Virginia (M. Brannan)	04:33.09	1.1%	00:02.99	04:33.09		00:04:30.10	00:00:02.99
3rd	2	Capital (J. Marshall)	04:35.94	2.2%	00:02.85	04:35.94		00:04:30.10	00:00:05.84
4th	4	D.C. Strokes (A. Edwards)	04:40.19	3.7%	00:04.25	04:40.19		00:04:30.10	00:00:10.09
Race 25a: Womens Jr 4+ Flight @ 11:30 AM									
1st	2	Swan Creek RC (r. cooper)	04:31.90			04:31.90		00:04:31.90	
2nd	3	Resilient RC (A. Krobot)	04:50.10	6.7%	00:18.20	04:50.10		00:04:31.90	00:00:18.20
3rd	4	Mount Vernon (A. Huffman)	05:10.50	14.2%	00:20.40	05:10.50		00:04:31.90	00:00:38.60

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 26a: Womens Novice 4+ Flight @ 11:30 AM										
1st	5	Capital (A. Seira)	06:03.40			06:03.40			00:04:31.90	00:01:31.50
Race 27a: Mens/Womens Adaptive 1x T/A Flight 1 @ 11:37 AM										
1st	4	Capital (K. Marrs)	06:39.56			06:39.56			00:06:39.56	
2nd	2	RCR (E. Bondeson)	09:35.42	44.0%	02:55.86	09:35.42			00:06:39.56	00:02:55.86
3rd	3	RCR (G. Melder)	12:03.49	81.1%	02:28.07	12:03.49			00:06:39.56	00:05:23.93
Race 27b: Mens/Womens Adaptive 1x T/A Flight 2 @ 11:37 AM										
1st	5	Medstar Paralympic (L. Bow)	06:46.10			06:46.10			00:06:46.10	
Race 29a: Womens Masters 2x Flight @ 11:44 AM										
1st	6	Alexandria (A. Clark)	04:21.40			04:25.80	00:04.40		00:04:25.80	
2nd	1	Carolina Masters (E. Jenista)	04:42.26	8.0%	00:20.86	04:43.36	00:01.10		00:04:25.80	00:00:17.56
3rd	2	Hampton Roads (A. Shinofield)	04:43.22	8.3%	00:00.96	04:57.52	00:14.30		00:04:25.80	00:00:31.72
4th	4	Washington Rowing School (L. Arnold)	04:49.38	10.7%	00:06.16	05:04.98	00:15.60		00:04:25.80	00:00:39.18
5th	5	Rock Creek (P. Kristal)	04:55.20	12.9%	00:05.82	05:10.80	00:15.60		00:04:25.80	00:00:45.00
6th	3	Baltimore (C. Shields)	05:16.05	20.9%	00:20.85	05:16.05			00:04:25.80	00:00:50.25
Race 30a: Mens Masters 2x Flight 1 @ 11:51 AM										
1st	4	Annapolis RC (R. Biddle)	04:28.33			04:31.33	00:03.00		00:04:31.33	
2nd	1	Rock Creek A (K. Fennelly)	04:35.13	2.5%	00:06.80	04:42.83	00:07.70		00:04:31.33	00:00:11.50
3rd	3	Western Reserve B (K. Watterson)	04:44.72	6.1%	00:09.59	04:44.72			00:04:31.33	00:00:13.39
4th	5	Rock Creek A (H. Baker)	04:57.72	11.0%	00:13.00	05:08.82	00:11.10		00:04:31.33	00:00:37.49
5th	2	Washington Rowing School (d. parsons)	05:24.91	21.1%	00:27.19	05:36.01	00:11.10		00:04:31.33	00:01:04.68
Race 30b: Mens Masters 2x Flight 2 @ 11:58 AM										
1st	3	Potomac/Baltimore [Composite] (E. Caudron)	04:25.33			04:25.33			00:04:25.33	
2nd	4	Capital/Potomac [Composite] A (F. slakey)	04:39.62	5.4%	00:14.29	04:39.62			00:04:25.33	00:00:14.29
3rd	5	Passaic River (J. Levinson)	04:53.69	10.7%	00:14.07	04:53.69			00:04:25.33	00:00:28.36
4th	2	Hampton Roads (P. McLaughlin)	04:58.83	12.6%	00:05.14	04:58.83			00:04:25.33	00:00:33.50

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 30c: Mens Masters 2x Flight 3 @ 12:05 PM										
1st	4	Virginia (O. Barth)	04:05.70			04:20.60	00:14.90		00:04:08.70	00:00:11.90
2nd	3	Western Reserve A (C. Clark)	04:08.70	1.2%	00:03.00	04:08.70			00:04:08.70	
3rd	2	Capital B (I. Onafeko)	05:09.39	25.9%	01:00.69	05:14.09	00:04.70		00:04:08.70	00:01:05.39
Race 28a: Mixed 4+ Flight 1 @ 12:12 PM										
1st	4	Capital C (M. McMenamin)	04:20.84			04:20.84			00:04:20.84	
2nd	6	Capital B (T. Kerns)	04:23.09	0.9%	00:02.25	04:23.09			00:04:20.84	00:00:02.25
3rd	2	Oakton Masters Rowing Club (M. Dobry)	04:37.25	6.3%	00:14.16	04:37.25			00:04:20.84	00:00:16.41
4th	1	D.C. Strokes C (G. Simoneau)	05:00.42	15.2%	00:23.17	05:00.42			00:04:20.84	00:00:39.58
5th	5	Virginia A (A. Farris Rogers)	06:05.67	40.2%	01:05.25	06:05.67			00:04:20.84	00:01:44.83
	3	D.C. Strokes B (A. Edwards)	Scratch							
Race 28b: Mixed 4+ Flight 2 @ 12:19 PM										
1st	5	Capital A (M. Neumann)	04:16.70			04:16.70			00:04:16.70	
2nd	1	D.C. Strokes A (B. Forehand)	04:20.99	1.7%	00:04.29	04:20.99			00:04:16.70	00:00:04.29
3rd	4	Washington Rowing School (C. Cole)	04:24.17	2.9%	00:03.18	04:24.17			00:04:16.70	00:00:07.47
4th	3	Virginia A (R. Dorn)	04:39.68	9.0%	00:15.51	04:39.68			00:04:16.70	00:00:22.98
5th	6	Mount Vernon A (A. Badgett)	04:51.13	13.4%	00:11.45	04:51.13			00:04:16.70	00:00:34.43
6th	2	Mount Vernon B (I. McClure)	05:04.24	18.5%	00:13.11	05:04.24			00:04:16.70	00:00:47.54
Race 32a: Mens Jr 2x Flight @ 12:26 PM										
1st	4	Swan Creek RC (M. Rahtz)	04:25.90			04:25.90			00:04:25.90	
2nd	2	Resilient RC A (D. Yutin)	04:36.10	3.8%	00:10.20	04:36.10			00:04:25.90	00:00:10.20
3rd	3	Resilient RC B (P. Sheridan)	04:49.48	8.9%	00:13.38	04:49.48			00:04:25.90	00:00:23.58
Race 36a: Womens Adaptive 2x LTA Flight @ 12:33 PM										
1st	4	Athletes Without Limits A (K. Crean)	06:03.20			06:03.20			00:06:03.20	
2nd	2	Medstar Paralympic (S. Smith)	06:19.35	4.4%	00:16.15	06:19.35			00:06:03.20	00:00:16.15
3rd	3	Athletes Without Limits B (L. Lecce)	06:32.51	8.1%	00:13.16	06:32.51			00:06:03.20	00:00:29.31

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 31a: Mens Open 2x Flight @ 01:30 PM										
1st	1	Raleigh A (C. Jarmul)	03:48.75			03:48.75			00:03:48.75	
2nd	4	Hampton Roads (B. Krasney)	03:51.39	1.2%	00:02.64	03:51.39			00:03:48.75	00:00:02.64
3rd	3	Swan Creek RC (W. Altier)	04:02.21	5.9%	00:10.82	04:02.21			00:03:48.75	00:00:13.46
4th	6	Baltimore B (A. Zook)	04:09.65	9.1%	00:07.44	04:09.65			00:03:48.75	00:00:20.90
5th	5	Baltimore A (P. Constantino)	04:28.72	17.5%	00:19.07	04:28.72			00:03:48.75	00:00:39.97
6th	2	Raleigh A (J. Davis)	04:37.98	21.5%	00:09.26	04:37.98			00:03:48.75	00:00:49.23
Race 34a: Womens Jr 2x Flight 1 @ 01:37 PM										
1st	4	Old Dominion (G. Vannatta)	04:40.20			04:40.20			00:04:40.20	
2nd	2	Resilient RC C (A. Veizi)	05:05.00	8.9%	00:24.80	05:05.00			00:04:40.20	00:00:24.80
3rd	3	Swan Creek RC B (r. cooper)	05:45.04	23.1%	00:40.04	05:45.04			00:04:40.20	00:01:04.84
4th	5	Resilient RC D (N. LaJoie)	05:55.12	26.7%	00:10.08	05:55.12			00:04:40.20	00:01:14.92
Race 34b: Womens Jr 2x Flight 2 @ 01:44 PM										
1st	3	Swan Creek RC A (O. Ondis)	04:44.70			04:44.70			00:04:44.70	
2nd	4	Resilient RC B (L. Nicolai)	04:47.38	0.9%	00:02.68	04:47.38			00:04:44.70	00:00:02.68
3rd	5	Resilient RC A (V. Lanning)	05:19.91	12.4%	00:32.53	05:19.91			00:04:44.70	00:00:35.21
	2	Resilient RC E (A. Gall)	Scratch							
Race 37a: Womens Masters 4+ Flight 1 @ 01:51 PM										
1st	6	Western Reserve A (L. VanLear)	04:17.20			04:17.20			00:04:17.20	
2nd	5	Annapolis RC A (H. Thomas)	04:23.13	2.3%	00:05.93	04:23.13			00:04:17.20	00:00:05.93
3rd	2	Capital A (A. Buck)	04:26.36	3.6%	00:03.23	04:26.36			00:04:17.20	00:00:09.16
4th	3	Alexandria A (C. Urbanczyk)	04:26.36	3.6%		04:26.36			00:04:17.20	00:00:09.16
5th	4	D.C. Strokes A (A. Edwards)	04:46.38	11.3%	00:20.02	04:46.38			00:04:17.20	00:00:29.18
6th	1	Virginia A (M. Townes)	04:48.46	12.2%	00:02.08	04:48.46			00:04:17.20	00:00:31.26
Race 37b: Womens Masters 4+ Flight 2 @ 01:58 PM										
1st	1	Virginia A (M. Brannan)	04:23.70			04:26.50	00:02.80		00:04:26.50	
2nd	3	Capital D (L. Cisek)	04:28.08	1.7%	00:04.38	04:28.08			00:04:26.50	00:00:01.58
3rd	2	Western Reserve B (R. Luken)	04:28.70	1.9%	00:00.62	04:33.30	00:04.60		00:04:26.50	00:00:06.80
4th	6	Washington Rowing School (C. Cole)	04:29.10	2.0%	00:00.40	04:33.70	00:04.60		00:04:26.50	00:00:07.20
5th	5	Capital C (C. Fratzke)	04:35.00	4.3%	00:05.90	04:36.90	00:01.90		00:04:26.50	00:00:10.40
6th	4	D.C. Strokes B (G. Simoneau)	04:39.43	6.0%	00:04.43	04:40.83	00:01.40		00:04:26.50	00:00:14.33

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap Penalty	Winning	Split
Race 37b: Womens Masters 4+ Flight 2 @ 01:58 PM									
Race 37c: Womens Masters 4+ Flight 3 @ 02:05 PM									
1st	3	Alexandria A (J. Bright)	04:25.80			04:25.80		00:04:25.80	
2nd	6	Baltimore (L. Rand)	04:30.33	1.7%	00:04.53	04:30.33		00:04:25.80	00:00:04.53
3rd	5	Carolina Masters A (E. Jenista)	04:53.64	10.5%	00:23.31	04:53.64		00:04:25.80	00:00:27.84
4th	2	Capital B (S. Montgomery)	05:00.65	13.1%	00:07.01	05:00.65		00:04:25.80	00:00:34.85
5th	1	Annapolis RC D (A. Iannaccone)	05:15.92	18.9%	00:15.27	05:15.92		00:04:25.80	00:00:50.12
6th	4	Annapolis RC B (S. Schmid)	05:19.24	20.1%	00:03.32	05:19.24		00:04:25.80	00:00:53.44
Race 37d: Womens Masters 4+ Flight 4 @ 02:12 PM									
1st	3	Rock Creek A (S. Moazed)	04:40.16			04:40.16		00:04:40.16	
2nd	2	Prince William (J. Bishop)	04:44.99	1.7%	00:04.83	04:44.99		00:04:40.16	00:00:04.83
3rd	4	Virginia A (L. Molin)	04:46.55	2.3%	00:01.56	04:46.55		00:04:40.16	00:00:06.39
4th	5	Carolina Masters B (R. Brady)	04:53.39	4.7%	00:06.84	04:53.39		00:04:40.16	00:00:13.23
Race 37e: Womens Masters 4+ Flight 5 @ 02:19 PM									
1st	3	Annapolis RC C (D. Yatsuk)	04:50.90			04:50.90		00:04:50.90	
2nd	2	Rock Creek B (B. Heck)	04:59.80	3.1%	00:08.90	04:59.80		00:04:50.90	00:00:08.90
3rd	4	Rock Creek C (E. DiCarlo)	05:08.08	5.9%	00:08.28	05:12.28	00:04.20	00:04:50.90	00:00:21.38
Race 38a: Mens Masters 8+ Flight 1 @ 02:26 PM									
1st	4	Western Reserve A (S. Simpson)	03:19.23			03:22.63	00:03.40	00:03:22.63	
2nd	2	RCR (T. Rodgers)	03:24.11	2.4%	00:04.88	03:24.11		00:03:22.63	00:00:01.48
3rd	6	Capital B (G. Dean)	03:45.86	13.4%	00:21.75	03:51.66	00:05.80	00:03:22.63	00:00:29.03
4th	1	D.C. Strokes A (A. Fish)	03:50.70	15.8%	00:04.84	03:53.60	00:02.90	00:03:22.63	00:00:30.97
5th	3	D.C. Strokes B (P. Heaton)	03:55.19	18.0%	00:04.49	03:58.09	00:02.90	00:03:22.63	00:00:35.46
6th	5	D.C. Strokes C (N. Paxton)	04:22.31	31.7%	00:27.12	04:23.61	00:01.30	00:03:22.63	00:01:00.98

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 38b: Mens Masters 8+ Flight 2 @ 02:33 PM										
1st	5	Capital A (R. Stedman)	03:32.77			03:37.47	00:04.70		00:03:37.47	
2nd	2	Alexandria (A. Moburg-Jones)	03:46.66	6.5%	00:13.89	03:46.66			00:03:37.47	00:00:09.19
3rd	6	Rock Creek (R. McClennan)	03:48.14	7.2%	00:01.48	04:01.14	00:13.00		00:03:37.47	00:00:23.67
4th	4	Western Reserve B (K. Watterson)	03:50.92	8.5%	00:02.78	03:56.72	00:05.80		00:03:37.47	00:00:19.25
5th	1	Capital C (M. Neumann)	04:17.31	20.9%	00:26.39	04:17.31			00:03:37.47	00:00:39.84
6th	3	Capital D (T. Heidel)	04:32.75	28.2%	00:15.44	04:32.75			00:03:37.47	00:00:55.28
Race 39a: Mens Masters 4x Flight @ 02:40 PM										
1st	2	Potomac (N. Holland)	03:39.73			03:42.03	00:02.30		00:03:42.03	
2nd	4	Hampton Roads (B. Krasney)	04:02.09	10.2%	00:22.36	04:02.09			00:03:42.03	00:00:20.06
3rd	3	Rock Creek (H. Baker)	04:13.02	15.2%	00:10.93	04:36.92	00:23.90		00:03:42.03	00:00:54.89
Race 40a: Womens Masters 4x Flight @ 02:47 PM										
1st	3	Hampton Roads (A. Shinofield)	04:03.40			04:05.60	00:02.20		00:04:05.60	
2nd	4	Baltimore (L. Gamble)	04:23.14	8.1%	00:19.74	04:25.34	00:02.20		00:04:05.60	00:00:19.74
3rd	5	Raleigh (C. Urbanczyk)	04:34.08	12.6%	00:10.94	04:34.08			00:04:05.60	00:00:28.48
4th	2	Washington Rowing School (P. Jackman)	04:50.40	19.3%	00:16.32	05:02.60	00:12.20		00:04:05.60	00:00:57.00
Race 41a: Mixed Adaptive 2x AS/TA Flight @ 02:54 PM										
1st	2	Medstar Paralympic (L. Bow)	05:52.84			05:52.84			00:05:52.84	
2nd	3	Capital B (s. Anderson)	07:14.71	23.2%	01:21.87	07:14.71			00:05:52.84	00:01:21.87
	4	RCR (J. Sloan)	Scratch							
Race 43a: Mens Jr 4+ Flight @ 03:01 PM										
1st	2	Resilient RC (P. Corrigan)	03:52.10			03:52.10			00:03:52.10	
2nd	3	Swan Creek RC A (I. Fitzsimons)	04:05.05	5.6%	00:12.95	04:05.05			00:03:52.10	00:00:12.95
3rd	4	Mount Vernon (S. Robinson)	04:09.06	7.3%	00:04.01	04:09.06			00:03:52.10	00:00:16.96
4th	5	Swan Creek RC A (B. Falk)	04:19.33	11.7%	00:10.27	04:19.33			00:03:52.10	00:00:27.23

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap Penalty	Winning	Split
Race 44a: Mens Novice 4+ Flight @ 03:01 PM									
1st	1	Capital (D. Nursey)	04:44.72			04:44.72		00:03:52.10	00:00:52.62
Race 45a: Mens Open 4+ Flight 1 @ 03:08 PM									
1st	2	Baltimore (A. Zook)	03:38.60			03:38.60		00:03:38.60	
2nd	3	Swan Creek RC (A. Albanir)	03:49.84	5.1%	00:11.24	03:49.84		00:03:38.60	00:00:11.24
3rd	5	Virginia (M. Scott)	04:06.26	12.7%	00:16.42	04:06.26		00:03:38.60	00:00:27.66
4th	4	Athletes Without Limits (N. Belvin)	04:13.17	15.8%	00:06.91	04:13.17		00:03:38.60	00:00:34.57
Race 45b: Mens Open 4+ Flight 2 @ 03:15 PM									
1st	3	D.C. Strokes A (J. McGuirk)	03:51.30			03:51.30		00:03:51.30	
2nd	2	D.C. Strokes B (A. Fish)	04:08.66	7.5%	00:17.36	04:08.66		00:03:51.30	00:00:17.36
3rd	4	Capital (M. Pease)	04:26.33	15.1%	00:17.67	04:26.33		00:03:51.30	00:00:35.03
Race 46a: Womens Open 8+ Flight @ 03:22 PM									
1st	3	Capital A (B. Neumann)	03:54.09			03:54.09		00:03:54.09	
	2	Capital B (S. Montgomery)	Scratch						
Race 47a: Womens Jr 8+ Flight @ 03:22 PM									
1st	4	Resilient RC (A. Veizi)	04:05.29			04:05.29		00:03:54.09	00:00:11.20
2nd	5	Swan Creek RC (J. LeChien)	04:18.29	5.3%	00:13.00	04:18.29		00:03:54.09	00:00:24.20
Race 49a: Mixed 2x Flight 1 @ 03:29 PM									
1st	2	Hampton Roads (N. Conner)	04:15.75			04:15.75		00:04:15.75	
2nd	5	Baltimore (C. Shields)	04:16.68	0.4%	00:00.93	04:16.68		00:04:15.75	00:00:00.93
3rd	4	Raleigh (S. Hartnell)	04:58.21	16.6%	00:41.53	04:58.21		00:04:15.75	00:00:42.46
4th	3	Rock Creek (J. Sierra)	05:01.58	17.9%	00:03.37	05:01.58		00:04:15.75	00:00:45.83
Race 49b: Mixed 2x Flight 2 @ 03:36 PM									
1st	2	Potomac (N. Davies)	04:03.21			04:03.21		00:04:03.21	
2nd	4	Carolina Masters (R. Kyle)	04:10.87	3.1%	00:07.66	04:10.87		00:04:03.21	00:00:07.66
3rd	3	Capital B (A. Diggs)	04:16.04	5.3%	00:05.17	04:16.04		00:04:03.21	00:00:12.83
4th	5	Capital A (M. Bureau)	04:24.70	8.8%	00:08.66	04:24.70		00:04:03.21	00:00:21.49

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 52a: Mens Jr 2- Flight @ 03:43 PM										
1st	1	Swan Creek RC (W. Darling)	04:19.50			04:19.50			00:04:19.50	
Race 53a: Womens Open 2- Flight @ 03:43 PM										
1st	6	Annapolis RC (A. Iannaccone)	04:59.93			04:59.93			00:04:19.50	00:00:40.43
Race 54a: Womens Jr 2- Flight @ 03:43 PM										
1st	3	Swan Creek RC (G. Roberts)	04:42.10			04:42.10			00:04:19.50	00:00:22.60
2nd	2	Resilient RC C (L. Nicolai)	04:48.79	2.4%	00:06.69	04:48.79			00:04:19.50	00:00:29.29
3rd	4	Resilient RC B (L. Rothaermel)	05:10.00	9.9%	00:21.21	05:10.00			00:04:19.50	00:00:50.50
	5	Resilient RC A (V. Lanning)	Scratch							
Race 50a: Mixed 8+ Flight 1 @ 03:50 PM										
1st	1	Western Reserve A (S. Simpson)	03:28.12			03:28.12			00:03:28.12	
2nd	5	Resilient RC (D. Yutin)	03:47.43	9.3%	00:19.31	03:47.43			00:03:28.12	00:00:19.31
3rd	2	Capital A (S. Baker)	03:51.59	11.3%	00:04.16	03:51.59			00:03:28.12	00:00:23.47
4th	3	Washington Rowing School (C. Arnold)	03:57.76	14.2%	00:06.17	03:57.76			00:03:28.12	00:00:29.64
5th	4	Capital C (T. Kerns)	04:18.13	24.0%	00:20.37	04:18.13			00:03:28.12	00:00:50.01
Race 50b: Mixed 8+ Flight 2 @ 03:57 PM										
1st	2	D.C. Strokes A (J. McGuirk)	03:52.20			03:52.20			00:03:52.20	
2nd	3	D.C. Strokes B (S. O'Banion)	03:59.55	3.2%	00:07.35	03:59.55			00:03:52.20	00:00:07.35
3rd	1	Swan Creek RC (B. Falk)	04:00.64	3.6%	00:01.09	04:00.64			00:03:52.20	00:00:08.44
4th	4	Virginia (O. Barth)	04:05.23	5.6%	00:04.59	04:05.23			00:03:52.20	00:00:13.03
5th	5	Capital B (K. Peterson)	04:07.36	6.5%	00:02.13	04:07.36			00:03:52.20	00:00:15.16
Race 50c: Mixed 8+ Flight 3 @ 04:04 PM										
1st	4	Western Reserve B (L. VanLear)	03:39.34			03:39.34			00:03:39.34	
2nd	2	Capital D (M. Pease)	03:59.13	9.0%	00:19.79	03:59.13			00:03:39.34	00:00:19.79
3rd	5	Annapolis RC (J. Bunce)	04:07.63	12.9%	00:08.50	04:07.63			00:03:39.34	00:00:28.29
4th	3	Mount Vernon (T. Daigle)	04:12.41	15.1%	00:04.78	04:12.41			00:03:39.34	00:00:33.07
5th	1	Capital E (H. Scalzott)	04:44.31	29.6%	00:31.90	04:44.31			00:03:39.34	00:01:04.97

Place	Lane	Organization	Net Time	%	Delta	Raw	Handicap	Penalty	Winning	Split
Race 55a: Mixed 4x Flight @ 04:11 PM										
1st	2	Capital (A. Diggs)	03:49.80			03:49.80			00:03:49.80	
2nd	4	Hampton Roads (S. Smith)	03:59.35	4.2%	00:09.55	03:59.35			00:03:49.80	00:00:09.55
3rd	5	Raleigh (S. Hartnell)	04:05.35	6.8%	00:06.00	04:05.35			00:03:49.80	00:00:15.55
4th	3	Rock Creek (J. Sierra)	04:54.66	28.2%	00:49.31	04:54.66			00:03:49.80	00:01:04.86